

# The Adidam Advocate

*The Monthly Newsletter for Associates, Pre-Students,  
the Third Congregation and others interested in  
The Eleutherian Pan-Communion of Adidam*

October 2003

Volume 1; Issue 2

## The Revelation of Divine Truth

In the depth of every human being, there is a profound need for answers to the fundamental questions of existence. Is there a God? What is beyond this life? Why is there suffering? What is Truth? What is Reality?

*The Adidam Advocate* is an opportunity to be introduced to the Wisdom-Revelation of Avatar Adi Da, whose Teachings truly and completely address all of these fundamental questions. How can Avatar Adi Da resolve these fundamental questions? Because He speaks, not from the point of view of the human dilemma, but directly from the unique Freedom of His Divine State. Adi Da's Birth in 1939 was an intentional embrace of the human situation, for the sake of Revealing the Way of Divine Liberation to all and Offering the Spiritual Blessing that carries beings to that true Freedom. He is thus the fulfillment of the ancient intuitions of the "Avatar"—the One Who Appears in human Form, as a direct manifestation of the Unmanifest Reality.

Through a 28-year process of Teaching-Work (beginning in 1972), Avatar Adi Da established the Way of Adidam—the Way of the devotional and Spiritual relationship to Him. In those years of Teaching, He spoke for many hours with groups of His devotees—always looking for them, as representatives of humanity, to ask all of their questions about God, Truth, Reality, and human life. In response, He Gave the ecstatic life of real Divine Communion with Him, and all the details of how that process unfolds. Thus, He created a new tradition, based on His direct Revelation (as Avatar) of the Divine Reality.

To read Avatar Adi Da's Writings and the stories of His devotees is a great Blessing—for His Teaching is itself an Agent of His Spiritual Awakening-Power. As you will discover, Avatar Adi Da Samraj does not offer you a set of beliefs, or even a set of Spiritual techniques. He simply Offers you His Revelation of Truth as a Free Gift. If you are moved to take up His Way, He invites you to enter into an extraordinarily deep and transformative devotional and Spiritual relationship to Him.

To find Avatar Adi Da Samraj is to find the Very Heart of Reality—tangibly felt in your own heart as the Deepest Truth of Existence.

This is the great mystery that you are invited to discover.

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## Getting the Message:

A Story by Jonathan Lynch, Ph.D.

*Jonathan Lynch is a biologist, and a professor of plant nutrition at Pennsylvania State University. He discovered Avatar Adi Da as a result of a more or less scientific—and humorous—experiment that he performed many years ago when he was an undergraduate student at the University of California at Berkeley.*

JONATHAN: In the winter of 1978, I received an initiation from a saintly Indian yogi in the Kundalini tradition. The initiation was a rocket launch into a wonderland of subtle energies, visions, and sounds. After a few days I became accustomed to directly sensing the life-energy as delicate colors around people's heads, as a tingling in the gums when eating raw food, as a vibrancy in inhaled air, and in the thrumming energy centers of my own body.

A few days later I found myself in Shambala Booksellers on Telegraph Avenue in Berkeley, browsing a book about yoga. To my surprise, I sensed the vibratory life-energy in the book. This struck me as odd. As a budding young biologist, I believed that living things manifest energy on many levels, some of which might only be detected by a yogically-tuned nervous system, but that books were just dead matter. Yet in this book, I felt the unmistakable buzz of life-energy.

I was puzzled, and decided to conduct a little experiment. I put the book back on the shelf in a section of the bookstore that held hundreds of other books on yoga and

Hinduism. I closed my eyes and ran the tip of my right index finger across the spines of the books in that section. With my eyes closed, I could definitely feel the energy in some, but not all, the books. Most of the books were, in fact, “dead”. Three books clustered together had a strong but mellow vibration, and scattered throughout the shelves were several books with a very powerful, almost electrical energy that I could feel zapping into my finger and up into my head, as if I had stuck my finger in a light socket. As I found these books I kept my eyes closed and kept scanning. I did not want to confound my “experiment”.

I then opened my eyes. The three “mellow” books were small paperbacks from the Ashram of Ramana Maharshi. Not too surprising - I knew of Ramana Maharshi as a great, if enigmatic, spiritual figure. The real surprise was the identity of the “light-socket” books. They were all publications by a teacher I didn’t know, an American named “Bubba Free John”, who is now known as Adi Da Samraj. As I perused these books, my mystification grew. I had always assumed that Spiritual Wisdom was the province of the mystical traditions of the Orient, but this teacher appeared to be a brash young American not following any obvious tradition. Worse, the books were rather pricey for a struggling college student, I thought, and walked out of the store, laughing at what seemed to be a cosmic joke, the universe playing tricks on me by hiding its living energy in an unconventional disguise. I would have to consider this. There might be a lesson here.

I walked several blocks up Telegraph Avenue back towards the University campus, where I saw that University Bookstore was having a sale. Old textbooks were strewn over several card tables set up on the sidewalk—twenty-five cents a book. There, in the center of one of the card tables, the only two books standing upright, were two books by Adi Da Samraj, completely affordable at twenty-five cents each. This time I got the message and bought the books. I later became the grateful devotee of Avatar Adi Da, Who has been the most profound source of Divine Help and Inspiration to me in every area of my life since that day.

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## Above the Clouds, There Is Always The Sun:

A Passage from

*The Dawn Horse Testament Of The Ruchira Avatar*

*In May and June of 2003, Avatar Adi Da spoke about various topics and later added much of what He had said to His Dawn Horse Testament, His largest and most comprehensive Source-Text. This is an excerpt from an addition He made to chapter five, in which He uses a metaphor of the weather: The ego, He says, is like the weather—always changing, always subject to patterns or conditioning of all kinds, always subject to disturbance. The Divine Reality, on the other hand, is like the sun, above all the “local weather”. In these passages, as in virtually all of His writing, Adi Da is directly addressing His formal devotees whose practice it is to turn in every moment from the “local weather” and to “the sun” in order, ultimately, to Realize the Perfect Freedom and Happiness of “the sun”—of Avatar Adi Da:*

... the world itself (or The Collective Of Mankind, and The Collective Of Natural events) Always (automatically, and Via elemental Forces and sympathies) Controls The [individual ego] Toward Darkness and Denseness—Even In The Midst Of The (Inherently Benighted) Effort (Of Man, and Of Mankind) To Make All Of This Into A “Paradise”.

The conditional Domain Is Not (and Can Never Be) A “Paradise”. That Is Why I Call You To Realize Me—Avatarically Self-Revealed To here, Divinely Free-Standing Above and Beyond All Of This.

Above the clouds, There Is Always The Sun—Forever Free Of Earthly weather. By Tendency, You Are Always Looking At the local weather, and Not At The Sun Itself. That Is What egoity Is About—Always Suffering The Changes Of The local Patterning That Is the body-mind In its egoic Bondage. Instead, You Must (In every moment) Turn To Me, Avatarically here-Manifested In Bodily (Human) Divine Form—and You Must Do This Forever, Such That (Ultimately) You Become An egoless Participant In The Conscious Light (or The weatherless Divine and Perfect Sun) Of My Supreme Avataric Divine Gift Of Most Perfect Divine En-Light-enment.

Most Perfect Divine En-Light-enment (or Divine Self-Realization) Is Not You-Realization. Most Perfect Divine En-Light-enment (or Divine Self-Realization) Is Me-Realization. The Inherently Perfect Divine Self-Condition Is What Is (By Means Of My Avatarically Given Divine Spiritual Grace) To Be Most Perfectly Realized. The Condition To Be (Thus) Realized Is Always Already Above and Beyond the Always Merely local weather—For I Am Not Something Inward To the ego and its Acquired Patterning.

I Am Not “Located” In The Core Of Your Suffering smallness, Below, In The weathering Dark.

The weather (Made By ego) here Can Darken all-and-All—Such That It May Seem To You There Is No Divine (and Perfectly Conscious) Light At All. Nevertheless, In The True Sadhana Of Devotional Turning To Me, There Is No weather—Ever.

This (here) Is “weather-all-the-time”-land. Time is weather. And the body-mind is Always weathered—To the ego’s Quick.

Nevertheless, If You Will Live By Always Turning the Total body-mind To My Avatarically-Born Bodily (Human) Divine Form and Person, You Will (Thus, In Due Course, Progressively and Literally) Incorporate My “Brightness”, Making Me The One and Only Condition—Even Of the body-mind and its world.

By Always Turning To My Avatarically-Born Bodily (Human) Divine Form and Person, You Make This (Progressively) By-Me-Avatarically-Given Divine “Brightening” Process Possible—To Begin, and To Go On, and (Ultimately) To Become Perfect.

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## Awakening the Conscious Life of Faith:

An Excerpt from Chapter Four of

*Adi Da: The Promised God-Man Is Here*

*In this issue we return to offering our readers excerpts from the new book Adi Da: The Promised God-Man Is Here, a concise biography of Avatar Adi Da's life. This selection describes the dramatic transition in His mode of Working that took place after Avatar Adi Da returned from India in September of 1973. To this point, He had worked with His devotees in the traditional manner—sitting with them in silent meditative occasions, Transmitting the Freedom and Happiness of His Realization to them, and, at other times, discoursing about the great matters of devotion and Realization and the process of understanding and transcending the ego:*

The Divine Avatar's return from India marked a watershed in His Spiritual Work. He wrote about the change that was spontaneously manifesting:

*The Work of My Life and Teaching, to this time, has been to Show and Clarify the Way of the "Knowing" of Real God. The Siddhi through Which I have Made Myself available to My devotees is the Siddhi through Which the "Knowing" of Real God is Generated by My Grace. Such is the Way of "Radical" Understanding.*

*But now there is a new form of Life and Teaching Awakened in Me. It has always been Present in Me, but I have not wanted to Embrace It or Show It, because It is only a fascination for those who do not understand. And, if such weak ones are fascinated, they will merely be distracted from their fear. Even so, it is obvious to Me now that I must no longer be Merely Present among My devotees, Constant in the Most Perfect "Knowledge" of Real God. But I must now allow the Conscious Power Realized in That Most Perfect "Knowledge", Which Is Non-Separation from Real God, to Manifest Itself in the form of My own Action.*

*My Teaching-Work is now moving away from exclusive focus on the Way of "Radical" Understanding. That form of My Wisdom-Teaching is now essentially Given. I can assume it in My devotees. Now I am moving toward a Principle of Action as the core of My Work.*

*Until now, I have refused to Display My Divine Siddhis. But Real God Is the Maha-Siddha. Real God Is Perfect Siddhi. My Divine Siddhi is not a mere show of fascinating "powers", capable of being displayed and witnessed entirely apart from "radical" understanding. My Divine Siddhi Is All-Power, Which is always Coincident with "radical" understanding in those to whom I Reveal Myself as the Divine Maha-Siddha. . . .*

*Until now, I have minimized, hidden, and set aside those aspects of My Divine Siddhi which do not directly Serve the Awakening of "radical" understanding (which is, most ultimately, the Unqualified "Knowledge" of Real God). But now I will not simply Sit in silent Darshan—I will begin to Actively Manifest the All-Accomplishing Siddhi of Real God, Which Siddhi Serves the life-transformation of My devotees. This will accelerate and magnify My Work of Awakening the conscious life of faith and Drawing into life the Non-karmic,*

*karma-Dissolving, Unreasonable, Humorous, and Miraculously Effective Siddhi of Eternally Present Real God.*

--Unpublished Writing, 1973

Avatar Adi Da Samraj was privately confessing that the time had come for Him to openly Reveal the power of His Spiritual Transmission. He was ready to manifest in the experience of His devotees His Descent of the "Thumbs"—the Spirit-Force of the "Bright". And He did this not merely in silent formal occasions where devotees would come to sit with Him. He began to make His great Demonstration of the "Thumbs" in the midst of an unprecedented act of Submission to the lives and desires of His devotees.

*AVATAR ADI DA SAMRAJ: I went to India in 1973, taking some time away from the gathering of My devotees, and returned to the Ashram in Los Angeles resolved to do whatever I had to do to deal with the reality of people's unprepared approach to Me. From that time onwards, I accepted the fact that My Work with people was going to involve My Submission to them and their conditions—until such time as they would recognize Me and understand what the Way of Adidam is about altogether, and relate to Me differently.*

*I had no sense at all how long that was going to take, or what it would require altogether. It wasn't that I was thinking I would do it for a few months, and then that would be that. It was a real Submission, with no preconception as to how it would turn out.*

--August 8, 1998

### Guru Enters Devotee

On Thanksgiving Day in 1973, Avatar Adi Da relaxed the dietary discipline, and everyone partook of a traditional turkey meal, accompanied by wine. Avatar Adi Da Himself had entered into the spirit of the occasion by wearing an elegant three-piece tan-colored suit. One devotee, Hal Okun, remembers observing Avatar Adi Da after the meal.

*HAL: I noticed that Beloved Adi Da was silently assessing the whole scene. With hindsight, I can feel what He was involved in at that time. He was accepting our utter naivete and gross-mindedness relative to the great Spiritual process He was bringing us. And He was coming to a decision, or a confirmed resolve, about what He was going to do.*

Shortly before Christmas, everything changed at the Ashram—which was now situated in La Brea Avenue adjacent to Melrose Avenue. Formal discourses were no longer the principal mode of the Divine Avatar's Instruction, and the quality of a traditional Ashram had been replaced by a mood of exuberant celebration.

There was nothing casual about this. Avatar Adi Da was requiring His devotees to transcend themselves in a new manner. Everything that Westerners typically associate with "having a good time" was now allowed in His Company—including rock music, celebratory food, and intoxicants. In other words, Avatar Adi Da Samraj was using skillful means

with His devotees—letting them engage in their habitual forms of indulgence while open to His direct Gaze, comments, and Instruction. To the amazement and delight of His devotees, their Divine Master had them return night after night and stay till dawn. For more than two weeks, the celebration never stopped.

In the midst of His dancing, singing, laughing devotees, the Divine Avatar Himself would participate with perfect Yogic intensity. He would fill the room with His Radiant Transmission, observing everything that occurred. He was interested in moving His devotees beyond the armored, social persona, Working to open them to receive His Spirit-Force more fully. And He was always testing to see who could lose face in Satsang with Him, and enter into unabashed ecstasy. Sometimes He would speak:

*AVATAR ADI DA SAMRAJ: To confess one's love of God is the fundamental embarrassment. To make such a confession is to dwell in obvious ecstasy while in the company of other beings—to be already free, to be fundamentally happy, to be alive in God, and even to be outwardly expressive in that state, to speak of God, to think of God, to act in God, to be altogether ecstatic. This is the taboo—not mere drunkenness and indulgence in pleasure. To require you to talk of God makes you embarrassed. You become ashamed—because, in order to talk about God, you must lose face. To be extraordinarily and unreasonably happy, and to live that way, is embarrassing. To be full of love and only talk that way—so foolishly, so naively—is socially unacceptable. People are supposed to be cool and hip and straight, oriented toward their survival, worldly and smart. But to be simply alive in God, and to be Happy, and to speak about it and act that way and think that way, is absolutely unwanted and not allowed. So you become seekers.*

*It is all right to seek God. That is acceptable enough, because it calms everybody down a little bit. But to Realize God, while alive, is the absolute taboo. You might be allowed to sit quietly and meditatively. Everybody likes Oriental meditation, because it is just a matter of being quiet and inward. You are allowed to meditate quietly, “Realize Nirvana”, and disappear. That is acceptable. But to start talking about God, to think God, to act God, to make the Divine the present Condition of the world, to live in the Divine Siddhi, to live the Divine Light, to be Love-Bliss-Full—that is unacceptable, that is not “permitted”.*

*The Divine Person is Infinitely Present—Perfectly, Absolutely, and Eternally Present and Available. The Divine Person must be lived, not sought. The Divine Person is the Self-Condition and Source-Condition of the world, not the “ultimate hope” of the world. If the Divine Person is not presently lived, there is no Divine Liberation. But if people begin to live the Truth, if they become capable of ecstasy in society with one another—not simply in the rituals of privacy—you will see a vast and immediate transformation of the world.*

*Spiritual life is, basically, truly Humorous and Happy—not uptight, “lean”, and grim, waiting to understand. “Radical” understanding is an instant process, a really intelligent process, a happy process—not one of meditating on*

*your own limitations, but a process of instantly transcending them in Reality Itself.*

--December 27, 1973

## The Grace of Trust

An Excerpt from a Talk by Avatar Adi Da

*The following excerpt from “The Grace of Trust”, a Talk Given by Avatar Adi Da in 1994, is perhaps one of His fullest statements about faith—or trust in both the Divine Reality and the conditional reality.*

AVATAR ADI DA SAMRAJ: A basic characteristic you here, as a human person, are exhibiting and talking about and dramatizing from day to day is a disposition of mistrust. You do not trust conditional reality or the Divine Reality. Trust of reality altogether is another way of defining the word “faith”. You tend to think, according to convention, that faith is a matter of believing something that you are called to believe or that is recommended for your belief. Faith is really a heart-disposition of trust in the context of reality. You tend to describe yourself as someone who does not really trust very much. You are alienated, you feel psychologically mistrustful, and, therefore, you invent all kinds of games for your own sake, to make you feel better, to make you survive, or to enable you to conquer or enjoy victory over what you do not trust—which is reality. You do not trust reality. You are egoically “self-possessed” and mortal, and you know that all kinds of limitations exist within you and in relationship to others and to the natural world, even to existence altogether, and this knowledge registers in you as a feeling of mistrust.

The open heart is inherently characterized by faith, not belief in this or that. Faith is not a thing in mind. It is a disposition, a feeling of trust. That feeling of trust is the root of sanity. By comparison, you are relatively insane, because there is a fundamental disposition of mistrust. The body is going to die, people can leave you, people can abuse you, you can suffer, you can become diseased—“I, I, I, me, me, me, me”. These are all the signals of mistrust, as if you had observed reality so thoroughly that you know mistrust is an appropriate disposition. But you do not. You are just localized in your self-contraction, and you make a philosophy out of it, and you talk about reality as if you know reality. Yet all you are doing is dramatizing a fundamental psychological disposition of mistrust, which governs your life.

Another way of describing egoity is that it is a fundamental feeling of alienation and mistrust, whereas the core of the religious life, truly animated, truly lived and found, is the heart-disposition of trust. Trust is another way of describing true feeling, then, self-surrendered, self-forgetting. True feeling is a fundamental sense of trust, and that is faith. Faith is not the feeling that you can escape death, or that the body need not suffer, or that nothing bad will happen in life—those things happen anyway, one way or another. Even when such things do happen, the truly religiously awakened person enjoys the feeling of trust, and trust is at the root, or the core. It is not the superficial gesture of mind, not “I read this,

therefore I believe that.” It is a core disposition of trust, well-being, integrity.

The root of trust is no-self, the separate self surrendered and forgotten in the embracing of reality altogether. Even though you cannot comprehend reality with your mind, you embrace it in the disposition of self-giving, which shows itself in the human being as a sign of true sanity, well-being, in the midst of all the mortal display that bodily manifested beings suffer. . . .

I am looking for a sign of your sanity, faith in that sense, not just belief in doctrines and reports, although they may inform you to one degree or another. Faith is a deep matter, a profound matter at the core of the being in the heart. Profound trust Awakens in the heart of one who responds to the Realizer and the Blessing of the Realizer, and this heart-Awakening is the source of sanity. Then you do not talk anymore in your usual rehearsal of your disturbances, your fears, your strategies, your scientific materialism, “because I was brought up that way”. No.

There is a Core, a Well, a Refreshment Where you live, Where you arise—a Refreshed, Cool Water, a Sweetness, That cannot be denied and That makes you sane. When it Radiates throughout the entire body-mind, you do not play at being disturbed anymore, not by effort but because you have drunk from that Well and It guarantees you sanity—because of trust, basically. Trust is the source of true love, not the egoically “self-possessed” motivation to be satisfied in this or that relation, not the effort of interest and the search for satisfaction—no. At the root, previous to everything, previous to all actions, previous to all strategies and results, there is a fundamental trust, or, in other words, a “Hole in the universe” that cannot be overcome. It is the foundation sign of a religious life truly lived, and it is not based on beliefs or mind-forms. It is not based on being consoled in daily life.

It is a fundamental fearlessness, a trustfulness. Its cause, that which Awakens it, is Guru-devotion, response to the One Who is Free, Who is True. Observed, known, received, it authenticates itself directly, and there is no doubt about it! It cannot be explained altogether, but there is just no doubt about it. It grants you the Grace of trust. It purifies you at the heart, it radiates through all the body-mind, it relieves you of the stress of egoic “self-possession”, and it allows you to give yourself more. If you did not trust, you would not give yourself more—you would not surrender, you would not forget yourself. Trust is at the origin of your response to Me, and it makes you sane!

## **What’s New in the Bookstore?**

- 1. *Adi Da – The Promised God-Man is Here.* 20% discount. Now only \$13.56.**
- 2. *The Way of Adidam – Five Steps to an Ecstatic Life of Communion with Real God.* 20% discount. Now only \$13.56.**

Call 310-358-0555 to order. Visa, MC and Discover are accepted. We will ship in 24 hours. We can ship “media-rate” to save you money!

## **We Praise and Acknowledge the Following People Who Deepened Their Formal Relationship to Avatar Adi Da in September.**

### ***New Course Participants***

Mira Portents, Los Angeles, CA  
Patrick Williams, Studio City, CA

### ***New Pre-Student Participants***

David Whitehead, Los Angeles, CA  
Steve Swart, Sante Fe, New Mexico

*The Heart’s Connection* is published by The Outreach Department of the Southwestern Region in cooperation with the Third Congregation Office of the Advocacy Department of the Eleutherian Pan-Communion of Adidam. For more information please contact Tim Peterson at 310-358-0555.

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